<u>The Boy Scout Promise or</u>

<u>Oath</u>

On my honor . . .

BY GIVING YOUR WORD, YOU ARE PROMISING TO BE GUIDED BY THE IDEALS OF THE SCOUT OATH.

... I will do my best ...

Try hard to live up to the points of the Scout Oath. Measure your achievements against your own high standards and don't be influenced by peer pressure or what other people do.

... To do my duty to God ...

Your family and religious leaders teach you about God and the ways you can serve. You do your duty to God by following the wisdom of those teachings every day and by respecting and defending the rights of others to practice their own beliefs.

... and my country ...

HELP KEEP THE UNITED STATES A STRONG AND FAIR NATION BY LEARNING ABOUT OUR SYSTEM OF GOVERNMENT AND YOUR RESPONSIBILITIES AS A CITIZEN AND FUTURE VOTER.

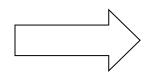
AMERICA IS MADE UP OF COUNTLESS FAMILIES AND COMMUNITIES. WHEN YOU WORK TO IMPROVE YOUR COMMUNITY AND YOUR HOME, YOU ARE SERVING YOUR COUNTRY. NATURAL RESOURCES ARE ANOTHER IMPORTANT PART OF AMERICA'S HERITAGE WORTHY OF YOUR EFFORTS TO UNDERSTAND, PROTECT, AND USE WISELY. WHAT YOU DO CAN MAKE A REAL DIFFERENCE.

... and to obey the Scout Law; ...

THE TWELVE POINTS OF THE SCOUT LAW ARE GUIDELINES THAT CAN LEAD YOU TOWARD WISE CHOICES. WHEN YOU OBEY THE SCOUT LAW, OTHER PEOPLE WILL RESPECT YOU FOR THE WAY YOU LIVE, AND YOU WILL RESPECT YOURSELF.

... To help other people at all times; ...

THERE ARE MANY PEOPLE WHO NEED YOU. YOUR CHEERFUL SMILE AND HELPING HAND WILL EASE THE BURDEN OF MANY WHO NEED ASSISTANCE. BY HELPING OUT WHENEVER POSSIBLE, YOU ARE DOING YOUR PART TO MAKE THIS A BETTER WORLD.



... To keep myself physically strong, ...

TAKE CARE OF YOUR BODY SO THAT IT WILL SERVE YOU WELL FOR AN ENTIRE LIFETIME. THAT MEANS EATING NUTRITIOUS FOODS, GETTING ENOUGH SLEEP, AND EXERCISING REGULARLY TO BUILD STRENGTH AND ENDURANCE. IT ALSO MEANS AVOIDING HARMFUL DRUGS, ALCOHOL, TOBACCO, AND ANYTHING ELSE THAT CAN HARM YOUR HEALTH.

... mentally awake, ...

DEVELOP YOUR MIND BOTH IN THE CLASSROOM AND OUTSIDE OF SCHOOL. BE CURIOUS ABOUT EVERYTHING AROUND YOU, AND WORK HARD TO MAKE THE MOST OF YOUR ABILITIES. WITH AN INQUIRING ATTITUDE AND THE WILLINGNESS TO ASK QUESTIONS, YOU CAN LEARN MUCH ABOUT THE EXCITING WORLD AROUND YOU AND YOUR ROLE IN IT.

. . . and morally straight.

TO BE A PERSON OF STRONG CHARACTER, YOUR RELATIONSHIPS WITH OTHERS SHOULD BE HONEST AND OPEN. YOU SHOULD RESPECT AND DEFEND THE RIGHTS OF ALL PEOPLE. BE CLEAN IN YOUR SPEECH AND ACTIONS, AND REMAIN FAITHFUL IN YOUR RELIGIOUS BELIEFS. THE VALUES YOU PRACTICE AS A SCOUT WILL HELP YOU SHAPE A LIFE OF VIRTUE AND SELF-RELIANCE.

On my honor I will do my best To do my duty to God and my country and to obey the Scout Law; To help other people at all times; To keep myself physically strong, mentally awake, and morally straight.